

# Who Are We?

Survivors Manchester as an Organisation



# Introducing...



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@SurvivorsMcr

## Mission Statement

**“To break the silence of the sexual abuse, rape and sexual exploitation of boys and men in order to empower those affected to defeat the legacy of abuse to move towards positive futures”**

## Organisational Aim 1



Survivors Manchester is celebrating  
it's 10th birthday!

**To promote and protect  
the good health of male  
survivors of sexual  
abuse, rape and sexual  
exploitation; alongside  
those affected by male  
sexual violation; across  
Greater Manchester and  
throughout England &  
Wales.**

## Organisational Aim 2



Survivors Manchester is celebrating  
it's 10th birthday!

To provide evidence based therapeutic support services to male survivors of sexual abuse, rape and sexual exploitation; alongside those affected by male sexual violation; across Greater Manchester and throughout England & Wales.

## Organisational Aim 3



Survivors Manchester is celebrating  
it's 10th birthday!

To provide qualified counsellors, psychotherapists, specialist and general support workers to support and advise male survivors of sexual abuse, rape and sexual exploitation; alongside those affected by male sexual violation; across Greater Manchester and throughout England & Wales; on how to cope with and move beyond their unwanted sexual experiences.

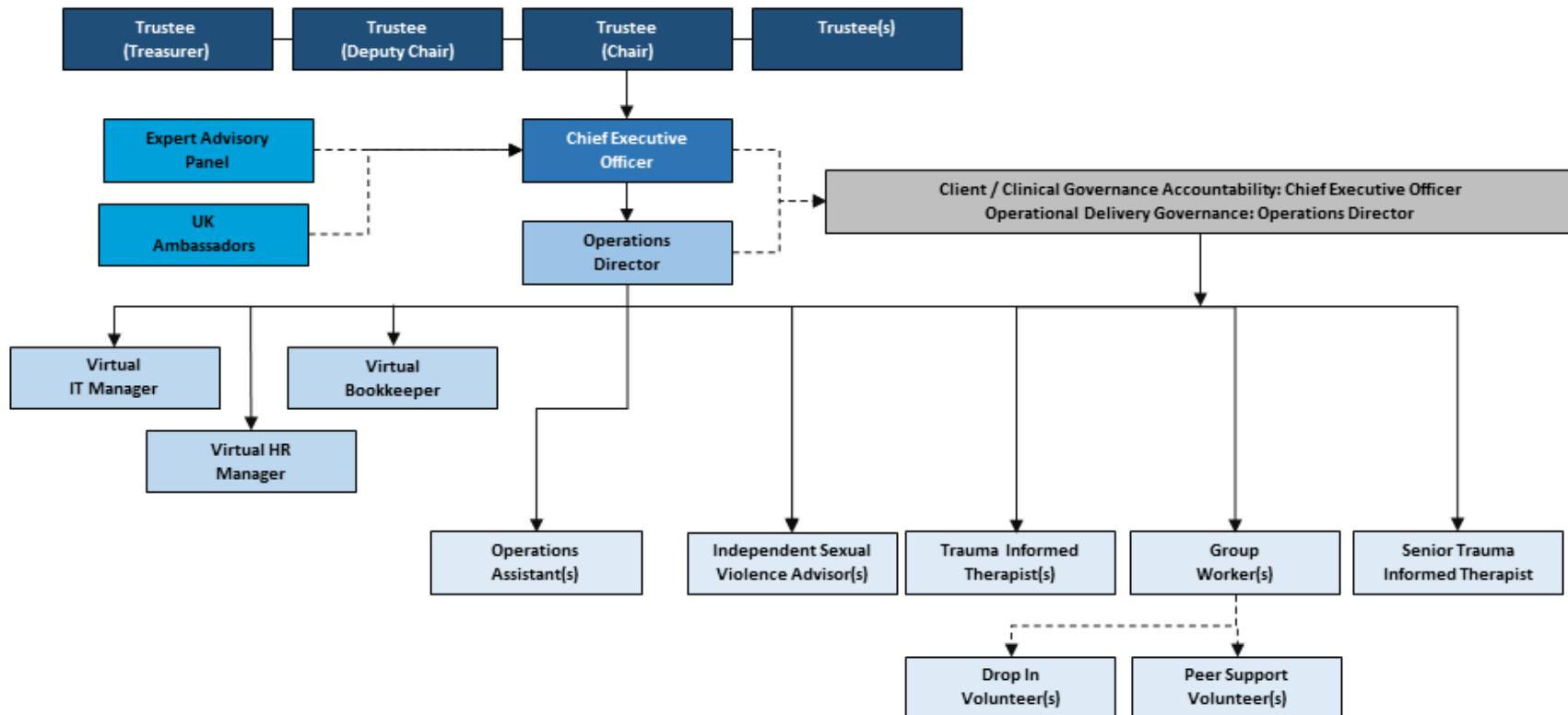
## Organisational Aim 4



Survivors Manchester is celebrating  
it's 10th birthday!

To provide education,  
training and awareness  
raising campaigns  
around the issue of the  
sexual abuse and  
violation of males of all  
ages and backgrounds,  
whilst continuing to  
**learn from our work and**  
**respond effectively to**  
new knowledge and  
identified needs.

# Organisational Governance



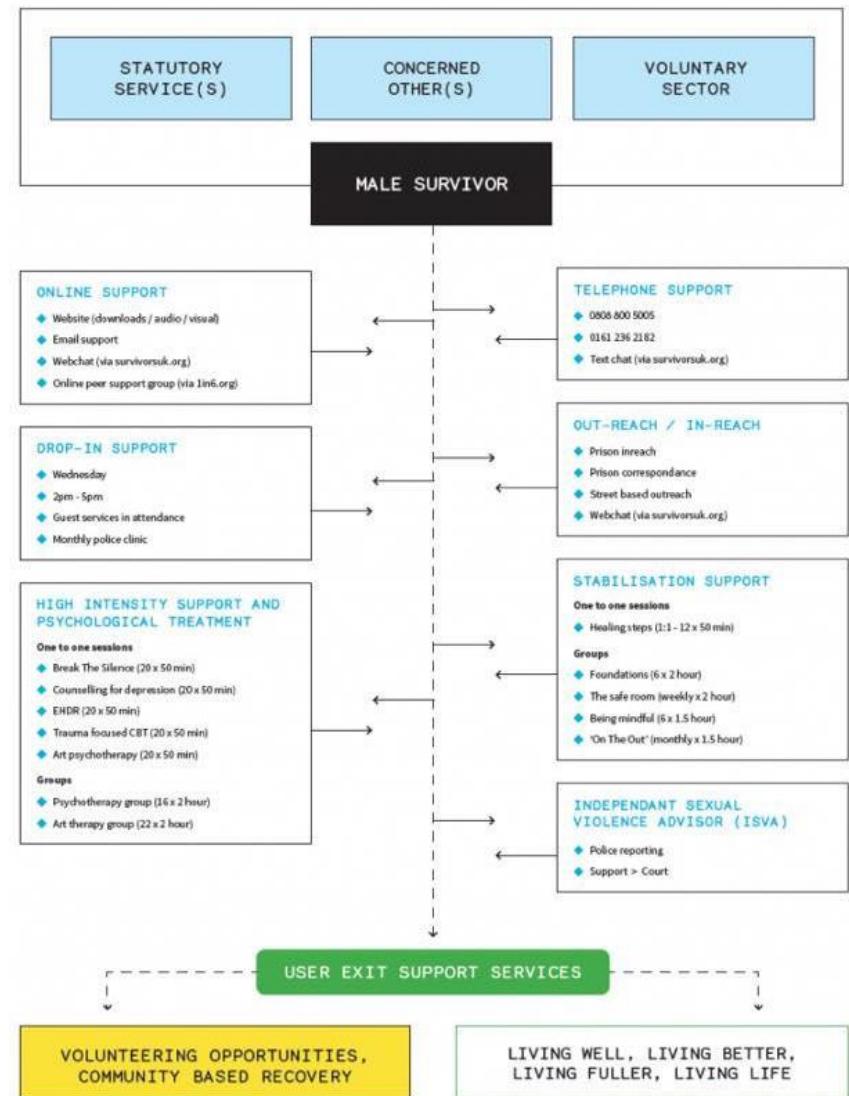
The governance structure is reviewed annually to ensure it develops as the organisation grows.

# Client Journey

Our three step model to support is based on evidence from Judith Herman's model of '*Trauma and Recovery*' (1992):

- **Stabilisation**
- **Processing**  
(making meaning)
- **Integration**  
(meaning made)

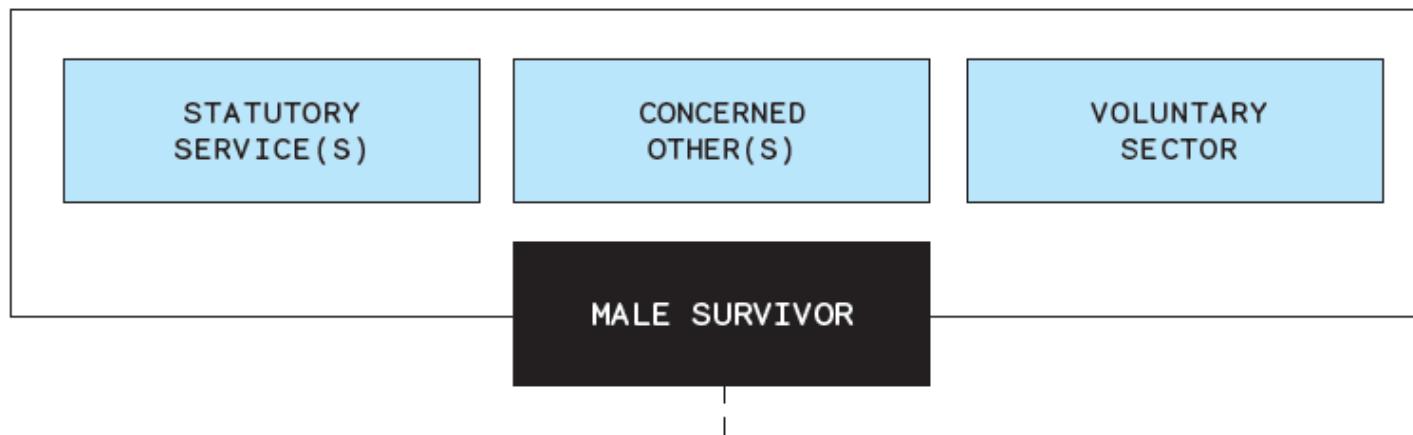
and uses modelling taken from recognised processes of disclosure.



# Engaging with Survivors Manchester

There are three key ways of entering Survivors Manchester's services:

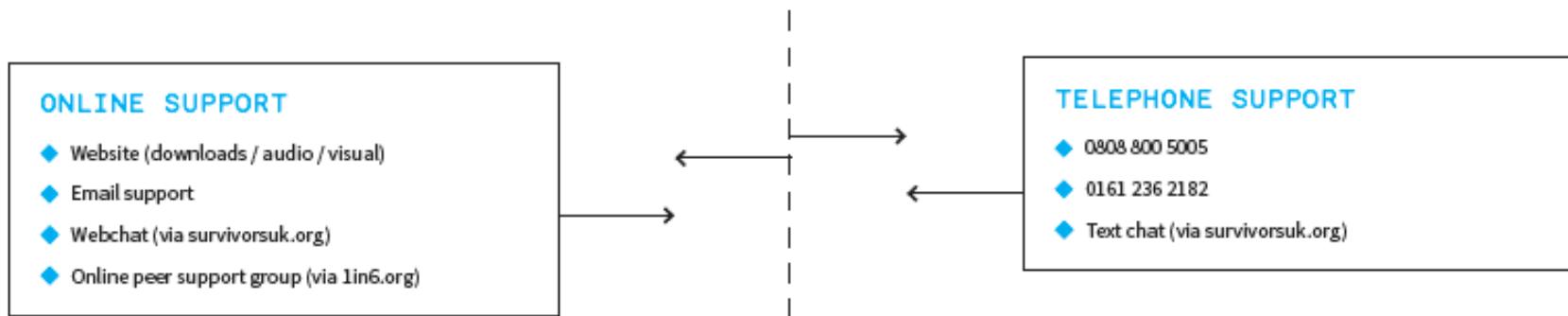
- Self Referral (80%)
- Concerned Other
- Professional Referral (Police, GP, Mental Health Practitioners, Clergy, Third Sector)



# Engaging with Anonymity

Many people will often start their journey by getting information without having to reveal their true self. They can:

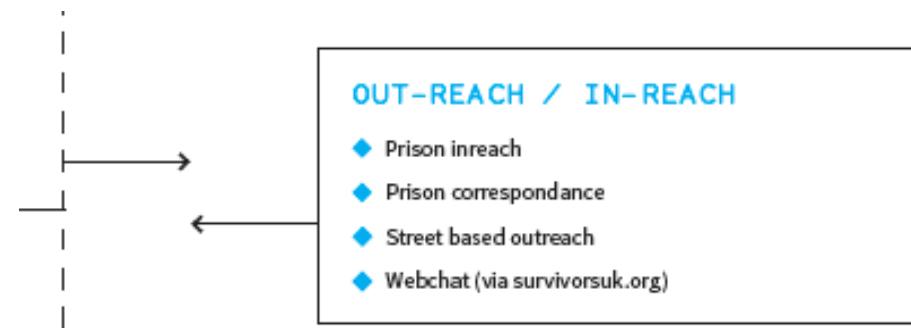
- Use the website to download one of our self help guides, read other survivors stories
- Email support@survivorsmanchester.org.uk
- Call 0161 236 2182 / 0808 800 5005 (National Male Survivor Helpline)



# Engaging in Non-Traditional Settings

Healing doesn't have to happen just in a traditional therapy setting and as a team, we work in a variety of settings:

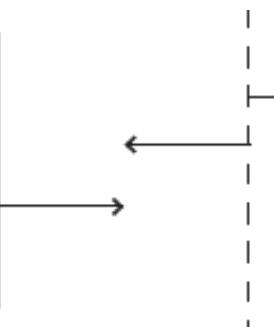
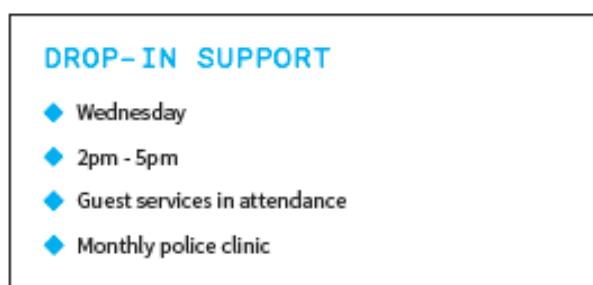
- OUT Spoken Talking Therapy Service (HMP Buckley Hall)
- Community Development (Health Walks, Whitworth Art Gallery, HomeMcr)



# Fancy a Brew?

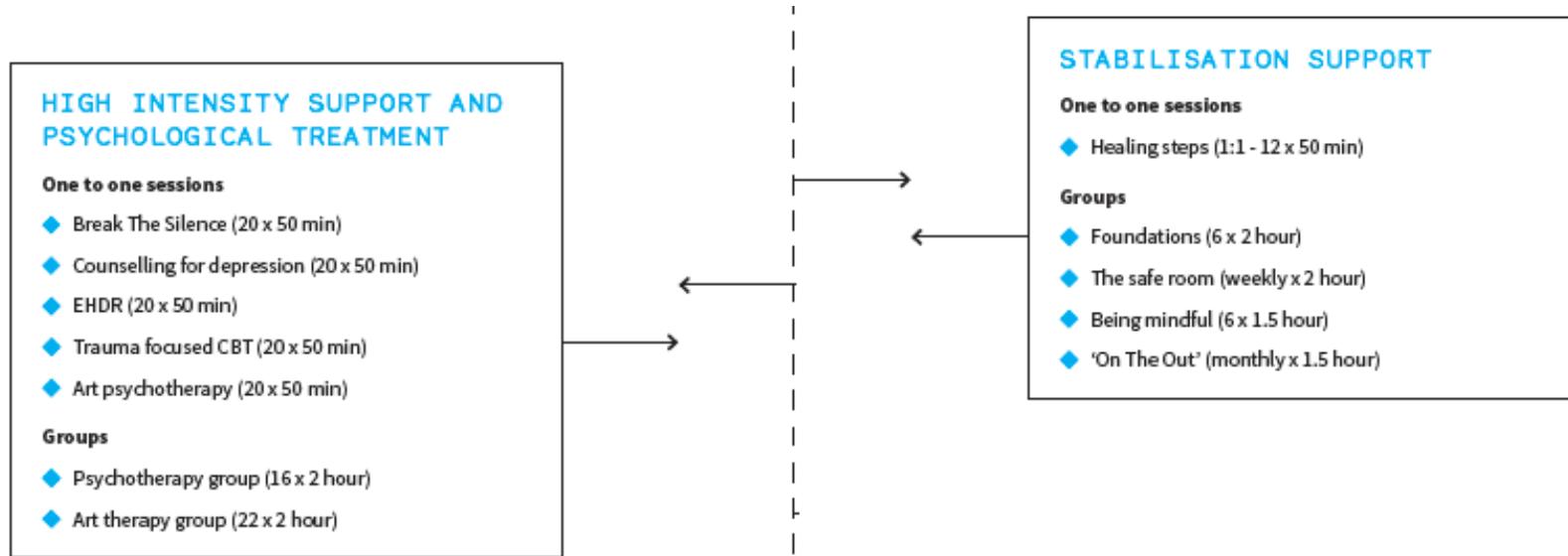
We understand how difficult it can be to take that first step into therapy, and so we've opened a 'Drop In' to ensure when someone's ready, we're open.

- Wednesday
- 2:00pm – 5:00pm
- Volunteer Hosted



# Healing in Stages

Our Trauma-Informed Therapy services supports people to build resilience, grow their positive mental health tools, and process traumatic and unwanted experiences



# Report > Court

Survivors Manchester is proud to have the first ever male specific ISVA (Independent Sexual Violence Advisor) service that aims to support male's to report or throughout the criminal justice process



# Exit to Living Well

We believe truly that healing is possible and supporting survivors to make choices based on positive life and not the pain of the past is how we live.

